

Covid-19 Risk Assessment – Serenity Sports & Holistic Massage Therapies

<b><u>Potential Transmission Risk</u></b>	<b>What will be in place to reduce/negate this risk?</b>	<b>What has been/needs to be done?</b>
Consultations and screening	Telephone consultations will take place to reduce face to face time. Covid-19 Screening questions will be required of every client. Clients will be contacted also on the day of their appointment to ensure they have not developed any symptoms.	Clients will be informed of this. Covid-19 Screening questions and updated Consultation forms are prepared.
Doors	Therapist will open all doors which would normally be touched by the client. Door handles, surfaces and doorbells will be sanitised between clients.	Cleaning products have been sought.
Pens	Clients will be requested to bring their own pens. If not, pens will be sanitised between clients	Details in protocol to send to clients. Cleaning products – in place.
Massage Couch and Face Cradle	This will have a PVC wipeable cover which will be sanitised between clients  Face cradles will have a disposable covering and will be thoroughly sanitised between clients.	PVC couch cover and cradle covers have been bought.
Vulnerable Clients	Screening will take place prior to a treatment. Those shielding will at this time not be treated. Vulnerable clients will be treated on a case by case. Additional steps will be taking ie.the wearing of face coverings for the therapist and/or client where appropriate to protect.	N/A
Bathrooms	Handwashing and toilet facilities will be cleansed after every use.	Soap – in place Papers towels – in place Pedal Bins – in place

	Paper towels and soap will be provided and a pedal bin for safe disposal of waste.	
Laundry	Each client will have their own set of linen. This will be removed and stored in a secure box until they can be washed.	Secure linen box – in place
Hand Washing	This will be requested upon entering the treatment room or building. Sanitiser will also be available by the door to be used on entering and leaving.	Sanitiser/Soap - in place
Ventilation	The windows and/or door will be open during treatments. Measures will be taken to ensure privacy, comfort and modesty during treatments.	N/A
Length of Treatment	Time limits will be in place. Clients will be encouraged to reduce chatting time and time in the treatment room will be discussed prior to booking.	Details in protocol to send to clients.
Handling of cash	To avoid touching, any client who prefers to pay by cash will be asked to leave payment in an envelope on the couch. BACS will be encouraged.	Envelopes – in place
Cleaning	Every surface will be thoroughly cleansed between each client. A minimum of 30 minutes will be left between clients to ensure the room is ventilated and clean	Cleaning products – in place
Water	Clients will be encouraged to bring their own drink. If water is required, this will be given in a paper cup and the cup will be disposed of.	Paper cups – to source
Treatment Room	Removal of items that the client might touch – hard surfaces to be sanitised between clients  Soft furnishings removed	Smaller items will be removed  Removed. Plastic & wooden - chairs in place Cleaning products – in place

	Chair replaced with plastic/wooden chair which will be sanitised between clients	
Waiting Area	There will not be any space in the building which can be used as a waiting area.	Details in protocol to send to clients
Client clothing	A box will be supplied to place clients clothing in during their treatment. This box will be sanitised between clients. Clients will be requested to leave coats etc in their cars where possible and not to bring any additional bags. Shoes will be left at the door.	Clothing box – in place Cleaning products – in place
PPE	Therapist will be wearing a visor and an apron. These will be sanitised between clients. If treating vulnerable clients the therapist will also wear a face mask and gloves. Face coverings will be available for vulnerable clients or any client who feels they would like to wear one.	Visor – in place Apron – in place Masks – in place Gloves – in place
Oils and Professional Equipment	Oil dispensers will be cleansed between clients Professional equipment such as bamboo, cups and any other item used will be sanitised and stored elsewhere.	Cleaning products – in place
Flooring	The carpet area that clients walk on will be covered with a plastic cover which will be cleansed between clients	Plastic Carpet covers – in place
Appointment Time	This will be kept to a maximum of 60 mins.	Details are in the protocol to send to clients
Mobile Treatments	These will not be permitted at this time.	Details are in the protocol to send to clients

Signed.....

Jenny Hudson – Owner & Therapist – Serenity Sports & Holistic Massage Therapies.